

# Alcohol Brief Intervention

## *How to deliver Identification and Brief Advice*

### What is Alcohol IBA

- IBA is a simple but effective 'brief intervention' for people whose alcohol use may be harmful to their health without them often realising.

### Who is the training for?

- The training is suitable for health professionals or any front line roles working in Oxfordshire.
- The training is particularly suited to: GPs, practice nurses, HCAs, midwives, sexual health staff, health visitors, school nurses, A&E staff, youth workers, community safety roles and many more.

### Course outcomes

By completing an IBA training course, participants will have developed an understanding of:

- Alcohol use and harms
- Understanding your role in IBA
- Delivery of IBA to reduce risky or harmful alcohol use
- Knowing how and when to refer someone to services
- Key engagement and motivational skills



### Your Trainer:



Dr James Morris

James has 20 years experience in the alcohol field and advised on brief intervention delivery for the World Health Organization and Department of Health. He is a Research Fellow at London South Bank University and host of 'The alcohol "problem" podcast'.



**OXFORDSHIRE  
COUNTY COUNCIL**

**Free** half day online interactive training session available.

Wednesday 15<sup>th</sup> March 2023 9.30-13.30:

<https://www.eventbrite.co.uk/e/478036499037>

Thursday 20<sup>th</sup> April 2023 9.30-13.30:

<https://www.eventbrite.co.uk/e/478048494917>

Friday 19<sup>th</sup> May 2023 9.30-13.30:

<https://www.eventbrite.co.uk/e/478050671427>

Wednesday 7<sup>th</sup> June 2023 9.30-13.30:

<https://www.eventbrite.co.uk/e/478153759767>

Monday 17<sup>th</sup> July 2023 9.30-13.30:

<https://www.eventbrite.co.uk/e/478171302237>

Wednesday 16<sup>th</sup> August 2023 9.30-13.30:

<https://www.eventbrite.co.uk/e/477297257947>

All bookings via Eventbrite and the online platform will be Zoom.

NB: Non-attendance or cancellation within 48 hours of the training may result in a £50 fee to your service. Please give as much notice as possible to allow those on the waitlist to attend.