

Face to Face workshop

Optimising inhaler technique: improving outcomes

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A hands-on workshop to allow healthcare professionals to familiarise themselves with a variety of inhaler devices and other aids and to practice delivering support to people to optimise their inhaler technique.

All healthcare professionals who come into contact with people who are using inhalers should be able to check inhaler technique and provide advice to improve the use of inhaled medicines. This workshop will develop knowledge, skills and confidence to support patients to improve their outcomes and have an impact on the quality of life for people with COPD and asthma.

I am delighted to announce that I will be running a face-to-face workshop on inhaler technique in Reading this November. Details are as follows:

9th November 2023

The Holiday Inn, Reading West, RG7 5HT

Event id: 58307

Food and refreshments on arrival from 6.30pm.

The workshop will run from 7pm until 9pm.

This CPPE programme has been developed for healthcare professionals providing advice to people using inhaled medicines to optimise their inhaler use and improve outcomes. The programme will consider the different types of inhaler devices available and how the dose is delivered in each type, the breathing technique required for each type of device and the potential implications of poor technique.

After completing all aspects of the programme, participants should be able to:

- Describe the different types of inhaler devices and their instructions for use
- Outline how the delivered dose is made in each type of device
- Explain the technique required to achieve the optimum inspiratory flow for each device
- Discuss the potential implications of sub-optimal inhaler technique
- Demonstrate your role as a healthcare professional in optimising inhaled medicines

This is a **free** event open to pharmacists, pharmacy technicians and trainee pharmacists.

As well as a great CPD learning opportunity, you will be able to network with colleagues in person.

To book: Log onto www.cppe.ac.uk and scroll down the home page to book on to an event or click onto this link: <https://www.cppe.ac.uk/programmes/l/inhalers-w-03>

Kind regards,
Sarah Hounsell
CPPE Regional Tutor