

Introducing Pharmacy First



Presentation overview

- Strategic context for the service
- Summary of the service requirements
- The clinical pathways and PGDs
- Learning and development requirements
- Preparing to provide the service
- Q&A



Delivery Plan for Recovering Access to Primary Care



On 9th May 2023, NHSE and DHSC published the <u>Delivery</u> Plan for recovering access to primary care.

The plan includes a commitment to:

- Commission community pharmacies to deliver a Pharmacy First service by enabling the supply of NHS medicines for seven conditions and
- Increase provision of the community pharmacy NHS Pharmacy Contraception Service and the Blood Pressure Checks Service.
- Invest to significantly improve the digital infrastructure between general practice and community pharmacy.

Expansion of Contraception Service

Introduction of initiation of contraception in community pharmacies, supporting women to have easier access to contraception, through:

- Additional funding
- Greater use of pharmacy team skill mix
- Encouraging contractors to sign up
- Both ongoing supply and initiation of supply will be combined into one service.
- NHS website postcode search tool enable patients to find local pharmacies who deliver the contraception service.

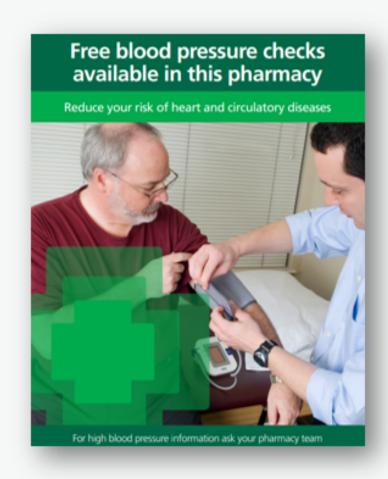


£75 million per year additional funding, outside of the global sum, has been made available to support the expansion of both these services.

Relaunch of Blood Pressure Service

Blood pressure checks to help identify the 5.5 million people with undiagnosed blood pressure at risk of heart attack and stroke, through:

- Additional funding
- Greater use of pharmacy team skill mix
- Encouraging contractors not signed up to do so
- Encouraging contractors who have signed up to see more patients and completion of more ABPMs



£75 million per year additional funding, outside of the global sum, has been made available to support the expansion of both these services.

The Pharmacy First service

- Pharmacy First will be a new Advanced service that will include seven new clinical pathways and will replace the Community Pharmacist Consultation Service (CPCS)
- The service will consist of three elements:

Clinical pathway consultations

new element

Urgent supply of repeat meds and appliances

previously part of CPCS

Referrals for minor illness consultations

previously part of CPCS



What are the seven conditions?

Sinusitis

12 years and over

Sore throat

5 years and over

Acute otitis media

1 to 17 years

Infected insect bite

1 year and over

Impetigo

1 year and over

Shingles

18 years and over

Uncomplicated UTI

Women 16 to 64 years



The Pharmacy First service

Pharmacies opting-in must provide all three elements of the new service

Patients can present to the pharmacy for clinical pathways consultations (only) Clinical pathways
consultations can be
provided **remotely**,
except for the acute otitis
media pathway (otoscope
required)

Remote consultations must be via high-quality video link

DSPs can **only** provide clinical pathways consultations **remotely** (due to the link to Essential services)

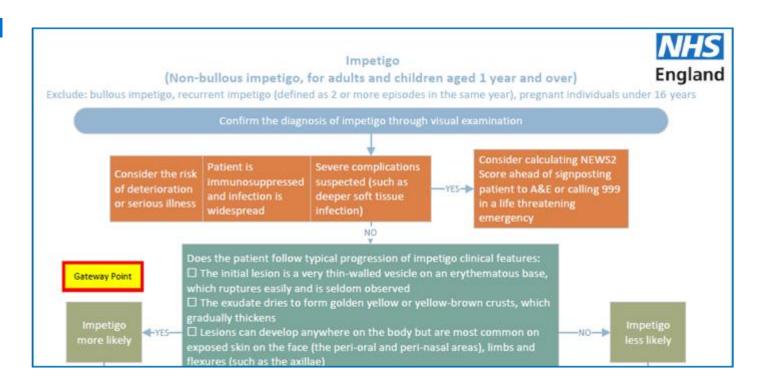
They cannot provide the acute otitis media pathway (otoscope required)

There are no changes to the former CPCS elements of the service, e.g. referrals are still required and telephone consultations are still possible, where clinically appropriate



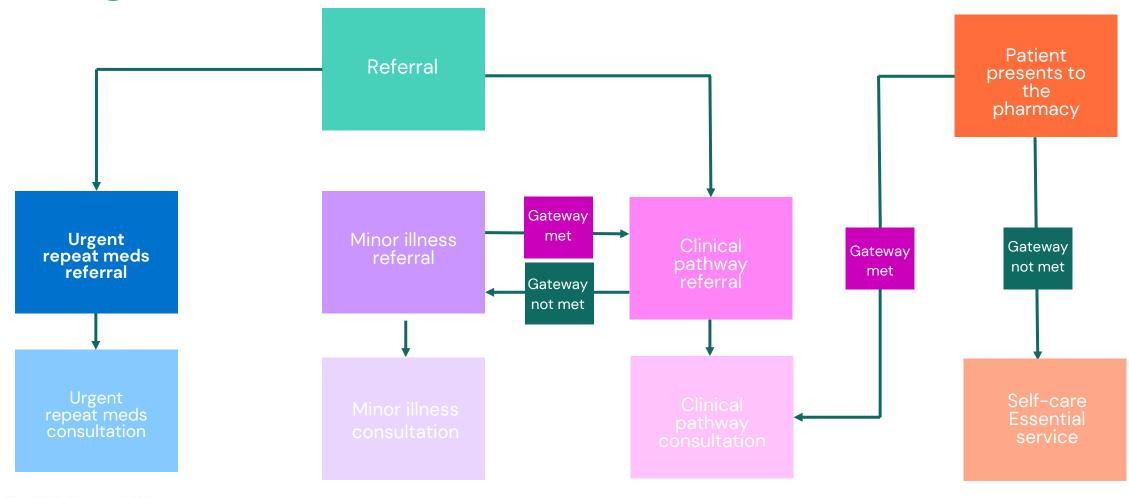
Clinical pathways consultations

- Service spec and seven clinical pathways developed
- 23 associated PGDs and one clinical protocol (P med)
- The clinical pathways contain one or more Gateway points
- For a patient to be eligible to receive a clinical pathways consultation, a Gateway point must be passed





High-level service overview





Summary of the service requirements

The service requirements

- Have a consultation room meeting the ToS requirements, with access to IT equipment for record keeping
- Equipment otoscope see buying advice in Annex C
- Standard operating procedure, including the process for escalation
- Competency and training requirements
- Have an NHS-assured clinical IT system
- Sign-up to provide the service on MYS
- Where supplies of an NHS medicine are made, the normal prescription charge rules apply





Funding

 Funding for the clinical pathways consultations comes from the additional £645m provided to support the recovery plan

- Initial fixed payment of £2,000
 - Must sign-up to provide the service on MYS by 11.59pm on 30th January 2024
 - Claims submitted by 11.59pm on 31st Dec 2023 will be paid on 1st February
 2024



- Claims submitted by 11.59pm on 30th Jan 2024 will be paid on 1st March 2024
- The payment will be reclaimed if 5 clinical pathways consultations are not provided by the end of March 2024
- £15 fee per completed consultation (also applies to CPCS consultations from 1st Jan 2024)





Funding

- A monthly fixed payment of £1,000 where the pharmacy meets a minimum number of clinical pathways consultations:
- From April 2024, an initial cap of 3,000 consultations per month per pharmacy will be put in place
- From October 2024, new caps will be introduced based on actual provision of clinical pathway consultations, designed to deliver 3 million consultations per quarter

Month	Minimum number of clinical pathways consultations
February 2024	1
March 2024	5
April 2024	5
May 2024	10
June 2024	10
July 2024	10
August 2024	20
September 2024	20
October 2024 onwards	30



The clinical pathways and PGDs

Clinical pathway consultations

- The clinical pathways element will enable the management of common infections by community pharmacies through offering self-care, safety netting advice, and only if appropriate, supplying a restricted set of medicines to complete episodes of care for seven common conditions
- NHSE commissioned SPS to develop patient group directions (PGDs) and a

 The final PGDs and protocol, published on the NHS England website, have received national approval from the National Medical Director, Chief Pharmaceutical Officer and National Clinical Director for IPC & AMR





Development of clinical pathways

Multiprofessional
expert group
developed robust
clinical pathways
for each of the 7
conditions

Adherence to NICE guidelines

National template for PGDs developed by SPS

Pharmacy Quality
Scheme
antimicrobial
stewardship
foundation

AMR Programme
Board Oversight
National Medical
Director and Chief
Medical Officer
for England



Monitoring and surveillance

- NHSE will closely monitor the Pharmacy First service post-launch to allow for robust oversight and monitor for any potential impact on antimicrobial resistance so that any needed mitigations can be quickly actioned
- NHSE is working with NHSBSA to enable pharmacy reimbursement and functionality for PGD supply to be recorded via ePACT2 data, or in a parallel dashboard
- NIHR will commission an evaluation of Pharmacy First services considering implications for antimicrobial resistance



NH5 Acute Sore Throat **England** (For adults and children aged 5 years and over) Exclude: pregnant individuals under 16 years Patient presenting with signs and symptoms of acute sore throat Consider calculating NEWS2 Score ahead of signposting patient to A&E or calling 999 in a with suspected epiglottitis as this may precipitate closure of the airway □ Does the patient have signs or symptoms indicating possible scarlet fever, quinsy or glandular fever? (refer to NICE CKS for list of symptoms) ☐ Does the patient have signs and symptoms of suspected cancer? ☐ Is the patient immunosuppressed? -YES--▶ ☐ Fever (over 38°C) ☐ First Attendance within 3 days after onset of symptom ☐ Severely Inflamed tonsils Gateway Point Score 0 or 1 score 4 or 5 Mild symptoms: consider pain relief and self care as first line treatment. Severe symptoms: consider offering an immediate antibiotic Gateway Point Offer phenoxymethylpenicillin (if no allergy) r 5 days (subject to inclusion/exclusion criteria Community Pharmacy if no Reported penicillin allergy (via National Care Record or Patient/Carer) After pharmacist YES linician global impressio days (subject to inclusion If symptoms do not improve after completion of treatment course FOR ALL PATIENTS: If symptoms worsen rapidly or significantly at any time



Acute Sore Throat

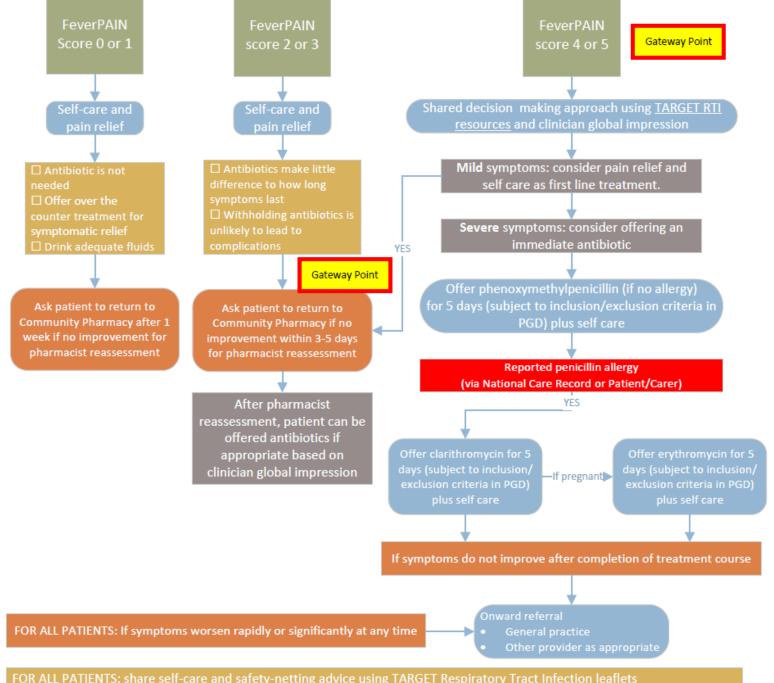
(For adults and children aged 5 years and over)



Exclude: pregnant individuals under 16 years

Patient presenting with signs and symptoms of acute sore throat **Suspected Epiglottitis** Stridor Consider calculating Severe complications ☐ 4Ds: dysphagia, dysphonia, drooling, (noisy or NEWS2 Score ahead of Consider the risk of suspected (such as high signposting patient to distress deterioration or clinical dehydration, ☐ Do not examine the throat of anyone A&E or calling 999 in a pitched signs of pharyngeal serious illness sound with life threatening with suspected epiglottitis as this may abscess) breathing) precipitate closure of the airway emergency NO Onward referral ☐ Does the patient have signs or symptoms indicating possible scarlet fever, quinsy or glandular fever? (refer to NICE CKS for list of symptoms) General practice □ Does the patient have signs and symptoms of suspected cancer? Other provider as ☐ Is the patient immunosuppressed? appropriate ☐ **Fever** (over 38°C) ☐ Purulence Use FeverPAIN Score to assess: ► □ First Attendance within 3 days after onset of symptoms. 1 point for each ☐ Severely Inflamed tonsils □ No cough or coryza (cold symptoms) **FeverPAIN FeverPAIN FeverPAIN** Score 0 or 1 **Gateway Point** score 2 or 3 score 4 or 5







FOR ALL PATIENTS: share self-care and safety-netting advice using <u>TARGET Respiratory Tract Infection leaflets</u>

PGDs

- Pharmacists need to read all 23 PGDs and protocol
- Draft PGDs and protocol published on 1st December 2023 to help pharmacists and pharmacy owners start to prepare
- Pharmacists <u>must read and sign the final versions of the PGDs and protocol</u>, rather than the draft versions
- Draft versions are not signed by NHSE they do not provide authorisation to supply medicines at NHS expense for the Pharmacy First service



Learning and development requirements

Learning and development

- CPPE webpage detailing training resources
 - www.cppe.ac.uk/services/pharmacyfirst/
- Pharmacy First self-assessment framework – developed by CPPE and NHSE
- Personal development action plan



NHS Pharmacy First service

The NHS Pharmacy First service launches as a new advanced service of the community pharmacy contract on Wednesday 31st January 2024.

Pharmacy First replaces the Community Pharmacist Consultation Service (CPCS) and includes seven new clinical pathways. The full Pharmacy First service consists of three elements:

- Clinical pathways a new element of the service
- Urgent repeat medicine supply previously within CPCS
- NHS referrals for minor illness previously within CPCS

More details of this advanced service are available from NHS England and Community Pharmacy England.

Providing the service requires community pharmacies to hold consultations that give advice and NHS-funded treatment (via Patient Group Directions), where appropriate for seven common conditions (following clinical pathways), which are:

- Sinusitis
- Sore throat
- Acute otitis media
- Infected insect bite
- Impetigo
- Shingles
- Uncomplicated urinary tract infections in women

CPPE has a range of learning resources to prepare and support pharmacy professionals to provide the NHS Pharmacy First service. These resources include a self-assessment framework developed in partnership with NHS England, which supports you to reflect on your knowledge, skills and behaviours that are essential to provide all three elements of the NHS Pharmacy First service. Through the self-assessment, you can identify any gaps and make an action plan to develop as required.

You can download a copy of the Pharmacy First self-assessment framework using the button below

Self-assessment framework

- ▼NHS Pharmacy First Service service specification
- Competency requirements
- ▼Evidence of competence
- ∨Learning resources to support your development
- ▼Useful CPPE resources to support the delivery of Pharmacy First

FAQs (Coming soon)

Learning and development

- NHSE funded training by Cliniskills
 - Clinical examination skills includes e-learning and face-to-face training
 - www.cliniskills.com/communitypharmacists/

- CPE Pharmacy First webinars:
 - Getting to know the service recorded version available
 - Getting ready for launch 15th
 Jan



LPC Sponsored Training

(https://cptv.org.uk/our-news/pharmacy-first/)

- 3 Evening Engagement Events:
- 18th Jan High Wycombe (FULL)
- 24th Jan Oxford (Limited places)
- 30th Jan Reading (FULL)
- 18th Feb E Berks ENT Training (CPPE) 15 places left
- Date TBC BOB (Bucks, Berks W. and Oxfordshire) 120 places ENT Training (ECG)



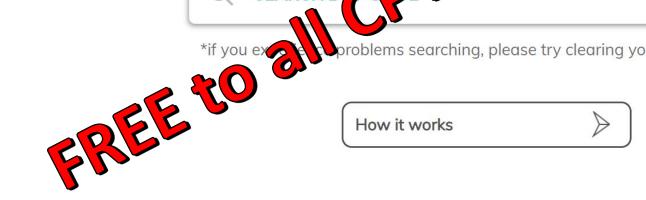


PHARMACY TRAINING





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https://www.virtualoutcomes.co.uk/pharmacy-training/

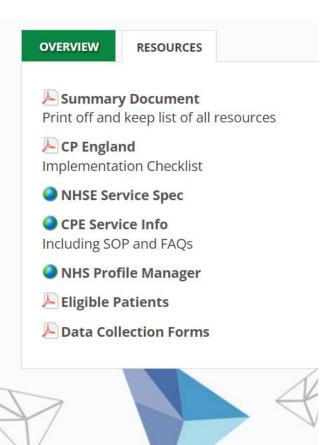




Who is eligible for the free LFD tests?









Preparing to provide the service

Preparing to provide the service

- Download and read the <u>service specification</u> and <u>clinical pathways</u>
- 2. If you then want to provide the service from the start date, sign up on MYS
- 3. Place an **order for an otoscope**
- 4. Download read, and SIGN
 - 1. The PGDs and
 - 2. The clinical protocol

UTI	Shingles	Impetigo	Insect bite	Sore throat	Sinusitis	Acute otitis media
Nitrofurantoin	Aciclovir Valaciclovir	Hydrogen Peroxide Cream Fusidic acid cream			Mometasone nasal spray Fluticasone nasal spray	Phenazone & Lidocaine ear drops
		Flucloxacillin	Flucloxacillin	Pen V	Pen V	Amoxicillin
		Clarithromycin	Clarithromycin	Clarithromycin	Clarithromycin	Clarithromycin
		Erythromycin	Erythromycin	Erythromycin	Erythromycin	Erythromycin
					Doxycycline	



Preparing to provide the service

5. Start **considering which IT system** you want to use and look into costs and contracting



- 6. Provide an initial briefing on the service for your staff
- 7. Create a **training plan with pharmacists** who will provide the service (using the **CPPE self-assessment**), including ensuring they know how to use an otoscope



8. Check our **LPC website** for details of any **local training sessions**



9. Start to develop an **SOP** or update your CPCS SOP



Resources to help you get ready

Checklists of things to do to prepare for the service for <u>pharmacy</u>
 <u>owners</u> and <u>pharmacists</u>

The CPCS toolkit is being updated to cover the new service

 CPPE Pharmacy First webpage and self-assessment framework

- Cliniskills training modules and locally organised training options
- Summary briefing for pharmacy team members









December 2023

Pharmacy owner checklist: getting going with the Pharmacy First service

This checklist details the actions pharmacy owners can start to undertake to prepare to provide the Pharmacy First service, while waiting for further information and resources to be published. Further information on the service and resources can be found at cpe.org.uk/pharmacyfirst.

	Activity	Ву	Ву	Completed
		whom?	when?	
1.	Read the service specification, clinical pathways,			



Promoting the service

- NHS England is developing a marketing campaign for the service
- LPCs are starting to brief Local Medical Committees and general practices about the service
 - A briefing for LMCs and general practice teams is available at <u>cpe.org.uk/pharmacyfirst</u>
- Further resources are being developed by Community
 Pharmacy England to help you and LPCs to promote the
 service to patients, the public and local stakeholder
 organisations









Questions

cpe.org.uk/pharmacyfirst

