

Dispensing ORAL NUTRITIONAL SUPPLEMENTS (ONS) for Adults in Primary Care (*Formulary January 2025*)

FIRST LINE POWDERS: maximum 2 sachets per day

Complan Shake (Nutricia)	Banana, Chocolate, Original, Strawberry, Vanilla
Aymes Shake (Aymes)	Banana, Chocolate, Ginger, Neutral, Strawberry, Vanilla
Foodlink Complete (Nualtra)	Banana, Chocolate, Natural, Strawberry, Vanilla
Aymes Shake Compact (Aymes)	Banana, Chocolate, Ginger, Neutral, Strawberry, Vanilla
Foodlink Complete Compact (Nualtra)	Banana, Chocolate, Natural, Strawberry, Vanilla
Aymes ActaSolve Smoothie (Aymes)	Mango, Peach, Pineapple, Strawberry&cranberry
Foodlink Smoothie (Nualtra)	Orange & mango, Peach, Red berry, Tropical
Aymes ActaSolve Savoury (Aymes)	Chicken, Potato & leek, Vegetable

FIRST LINE READY TO SERVE BOTTLES

Altraplen Energy (Nualtra)	Banana, Chocolate, Strawberry, Vanilla
Aymes Actagain 1.5 Complete (Aymes)	Banana milkshake, Double chocolate, Strawberry burst, Smooth vanilla
Aymes Actagain 1.5 Juce (Aymes)	Apple, Juicy Peach, Orange, Mango & Passionfruit, Raspberry & Cranberry
Fortijuce (Nutricia)	Apple, Strawberry, Orange, Tropical
Altrajuce (Nualtra)	Apple, Blackcurrant, Orange, Strawberry
Fresubin YoDrink (Fresenius Kabi)	Apricot-peach, Lemon, Raspberry
Aymes Actagain 1.5 Plant Powered (Aymes)	Café latte, Madagascan vanilla, Salted caramel
Fortisip PlantBased 1.5kcal (Nutricia)	Mango passionfruit, Mocha

All other products are **AMBER** coded and must have been initiated by a dietitian.

Please contact the prescriber if you identify:

- Products that are no longer on the NHS Frimley formulary. These include **Ensure Plus, Ensure Compact, Ensure Plus Advance, Ensure Plus Juce, Fortisip Bottle*, Fortisip Compact Protein***
- Patient prescribed one of the listed first line ONS and a thickener (e.g. Resource Thicken Up Clear/Nutlis Clear) as the ONS may not be a safe thickness for them to use.
- Patient prescribed more than 2 powder shakes/day as this may exceed their micronutrient requirements.
- Patient is no longer taking ONS in the recommended dose.

* Some Fortisip products may be prescribed for enteral (tube) feeding but should not be prescribed as a standard ONS.

To see the full ONS Formulary, please refer to NHS Frimley website [NHS Frimley - Adult malnutrition](#)

For further advice on ONS prescribing, please contact the ICB Medicines Optimisation Team at Frimleyicb.prescribing@nhs.net