#### **CPPE Workshops**

#### October 2025 to December 2025



### Prescribing perspectives: a focus on weight management

This face-to-face workshop will develop your knowledge and skills to adopt a structured approach to safely provide weight management medicines, whether the mechanism of supply is prescribing or under a patient group direction.

Workshop duration: 2 hours 15 minutes.

Suitable for Pharmacists, trainee pharmacists and pharmacy technicians

Click here to book your place.

### Extending the scope of your prescribing practice

This online workshop will support the development of your prescribing-related skills, knowledge and competence to extend your scope of prescribing practice.

Workshop duration: 2 hours.

Suitable for Pharmacists

Click <u>here</u> to book your place.

### Respiratory Clinical Assessment Skills

This face-to-face workshop will introduce pharmacy professionals to the essential clinical history taking and examination skills relating to respiratory symptoms. The workshop will be led by experienced GPs and includes clinical scenarios to help apply learning to practice.

Workshop duration: All day.

Suitable for Pharmacists and trainee pharmacists.

Click here to book your place.

### Medicines Reconciliation in transfer of care

This online workshop will support pharmacy professionals to undertake medicines reconciliation as part of an integrated care system with a focus on safe transfer of care.

Workshop duration: 1 hour 45 minutes

Suitable for Pharmacists, trainee pharmacists, and pharmacy technicians.

Click here to book your place.

## Blood pressure assessment in community pharmacy: essential skills

This face-to-face workshop will support pharmacy professionals to develop the knowledge, skills and confidence needed to undertake person-centred consultations, communication and clinical assessments in order to provide the NHS Hypertension case-finding service.

Workshop duration: 2 hours 30 minutes.

Suitable for Pharmacists, trainee pharmacists and pharmacy technicians

Click here to book your place

### Valproate: the hard conversations

This online workshop will help you to manage the risks associated with valproate. It will cover person-centred approaches to conversations about risks of valproate use in pregnancy and the need for effective contraception

Workshop duration: 1 hour 45 minutes.

Suitable for Pharmacists, trainee pharmacists and pharmacy technicians.

Click here to book your place





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### Familial hypercholesterolaemia: supporting people better

This online workshop will give you an understanding of familial hypercholesterolaemia (FH) and its identification and management. It will help you to improve care for people with known FH and identify people who are not yet diagnosed, supporting them to make informed decisions about their condition.

Workshop duration: 1 hour 45 minutes.

Suitable for Pharmacists, trainee pharmacists and pharmacy technicians.

Click here to book your place.

### Academic writing and reflective practice

This online workshop is open to all pharmacy professionals who wish to improve their ability to demonstrate competence in the skills required for learning at Higher Education Institutes (HEIs) level 7. It is an optional part of the preparing to train as an independent prescriber programme. The aim is to support you to gain more confidence in academic writing and reflection.

Workshop duration: 2 hours.

Suitable for Pharmacists, trainee pharmacists and pharmacy technicians.

Click here to book your place.

#### **Deprescribing**

This online workshop will help develop your knowledge and skills to enable you to take a shared approach to the safe and appropriate deprescribing of medicines.

Workshop duration: 2 hours 30 minutes.

Suitable for Pharmacists, trainee pharmacists and pharmacy technicians.

Click here to book your place.

### Preparing to train as an independent prescriber

This online workshop and associated e-course is open to pharmacists from all sectors of practice, including community pharmacists who are planning to commence their independent prescriber training with a Higher Education Institute. This course helps pharmacists develop the skills and confidence to get ready and best prepare for independent prescriber training.

Workshop duration: 2 hours and a self-directed ecourse

Suitable for Pharmacists in any area of practice.

Click here to book your place.

### Deprescribing opioids in people with chronic pain

This online workshop will develop your skills and confidence to support people living with chronic pain. You will consider the safe and effective use of medicines, focusing on opioids, and how to use a person-centred approach to empower people to live well with pain.

Workshop duration: 1 hour 45 minutes.

Suitable for Pharmacists, trainee pharmacists and pharmacy technicians.

Click here to book your place.

### Type 2 diabetes: supporting people better

This online workshop will enable you to better support people with type 2 diabetes by applying the principles of the NICE guidance (NG28) into your practice. The workshop provides opportunities to discuss how these changes can positively support patient care.

Workshop duration: 1 hour 45 minutes.

Suitable for Pharmacists, trainee pharmacists and pharmacy technicians.

Click here to book your place.

www.cppe.ac.uk





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# NHS Pharmacy First: Clinical assessment and examination skills full-day workshop

The face-to-face workshop is to help pharmacists to develop the knowledge, skills, and confidence needed to undertake clinical assessments and develop their clinical examination skills to support provision of the NHS Pharmacy First service

Workshop duration: All day.

Suitable for Pharmacists and trainee pharmacists.

Click here to book your place

#### Asthma – optimising adherence to medicines

This online workshop will develop your skills and confidence to support people optimise their adherence to medicines in asthma. You will consider how to identify non-adherence, the different types of non-adherence and how to use a person-centred approach to optimise adherence through personalised interventions.

Workshop duration: 1 hour 45 minutes.

Suitable for Pharmacists, trainee pharmacists and pharmacy technicians.

Click here to book your place.

#### **Emergency Contraception**

This online workshop will enable you to provide highquality emergency contraception services as part of your pharmacy practice. It is an opportunity to hear from a guest speaker about contraception and sexual health.

Workshop duration: 2 hours.

Suitable for Pharmacists, trainee pharmacists, and pharmacy technicians.

Click here to book your place.

#### NHS Pharmacy Contraception Service: delivering effective consultations to initiate contraception

This face-to-face workshop will support you in shared decision making with people who are starting, restarting or changing contraception within the NHS Pharmacy Contraception Service (PCS). Workshop duration: 2 hours.

Suitable for Pharmacists, trainee pharmacists and pharmacy technicians.

Click here to book your place.

### Optimising infection management

This online workshop will help you to optimise infection management in primary care by interpreting antimicrobial prescribing metrics, identifying quality improvement opportunities, and recognising infection prevention and control as an integral part of antimicrobial stewardship.

Workshop duration: 2 hours.

Suitable for Pharmacists, trainee pharmacists, and pharmacy technicians.

Click here to book your place.

#### Depression: having meaningful conversations

This online workshop will help you to develop your skills and confidence in using a person-centred approach to having conversations with people about depression.

Workshop duration: 1 hour 45 minutes

Suitable for Pharmacists, trainee pharmacists and pharmacy technicians.

Click here to book your place.





### CPPE Workshops October 2025 to December 2025



## NHS Pharmacy First clinical assessment essential skills online

This online workshop will support you in developing the knowledge, skills, and confidence needed to undertake effective consultations, communications, and clinical assessments to provide the NHS Pharmacy First service.

Workshop duration: 4 hours.

Suitable for Pharmacists and trainee pharmacists. Click <u>here</u> to book your place.

## The Mental Capacity Act 2005 and covert administration of medicines

This online workshop, supported by a guest speaker, will help to develop your knowledge and skills to help you manage and optimise care for people who might lack mental capacity to make a specific decision relating to their medicines at a given point in time. Workshop duration: 2 hours.

Suitable for Pharmacists, trainee pharmacists and pharmacy technicians.

Click here to book your place.

#### Reflective practice

This online workshop will support you to gain more confidence using reflective practice as part of your developing clinical role.

Workshop duration: 2 hours.

Suitable for Pharmacy technicians.

Click here to book your place.



